

40 Years of  
Serving Women and  
their Unborn

Babies  
1971-2011

## STAFF & BOARD MEMBERS

 Gabrielle Allen  
Corie Austin-Director  
E. Bernal  
Cristina Blanchard  
Connie Brewer   
Elizabeth Fan   
Delia Garcia  
John Good  
Geri Kolec  
Helen Marshall  
 Margaret Nemecek-Founder  
Gregory Polito M.D.  
Tana Renze  
Bill Scianni   
Lucille Stout

## ADVISORY BOARD

Rev. James Bradley  
Rev. Jose Chavez  
Rev. Michael Reardon  
Sister Paula Vandegaer  
Todd M. Austin, Esq.  
Paddy Jim Baggot, Ob. Gyn.  
 Bob Cielnicky  
Gerald Evers, M.D.  
Bill Feaster—Web  
J.T. Finn  
Bernie & Joy Goldstein  
April Meehan—Graphics   
Steven W. Mosher  
Henri Pellissier  
Denise Scianni LVN.CCH.  
 Phyllis Thompson  
James & Carol Waters

## IN THIS ISSUE

Directors Desk P.1  
Information P.2  
Did You Know ? P.3  
Walk for Life Flyer P.4

**24 HOUR HOTLINE**  
**(562) 693-8803**

# Whittier Life Center

Issue XLI • 7743 Painter Avenue, # C, Whittier, California 90602 (562) 693-8803 • Winter 2011

**GREETINGS:** Whittier Life Center would like to thank **all** our wonderful donors who supported us throughout the year, including those who donated during our Christmas Greetings. Thank you so much for caring as WLC enters forty years of loving service.

It has been thirty-eight years since Roe. v. Wade, when the Supreme Court ruled unborn humans were not legal "persons". A mother can have her baby killed (by having an abortion) at her requests for any reason whatsoever before the viability of the child. Since January 22, 1973 over fifty million babies have had their voices silenced through surgical abortion in this nation alone. Every minute, 2.5 unborn babies are killed in the United States and 87.5 unborn babies are killed worldwide.

WLC would like to thank St. Bruno's parish who brought joy and relief to three different families during the Christmas Season, a time for love and giving. St. Bruno's provided food, clothing, diapers and toys for all the children. We thank *Julie* for putting it all together. The families are very appreciative for your kindness.

On Saturday, January 8th, Vicki Peters hosted "A Twelfth Night Epiphany Dance" at St. Gregory's parish. All proceeds and baby gifts were given to WLC. Thank you Vicki! Welcome Bill Feaster to WLC advisory board. He will be putting WLC on the web asap. Thanks Bill!

A sweet and kind lady named Rosemary, walked in to WLC and wanted to volunteer her time. We had a position opened for someone to take care of the baby clothes. Rosemary took the position and loves doing what she's doing. She takes the soiled baby clothes home to wash and organizes the baby room. She is amazed that so many clothing and baby goodies are donated and given out almost daily! Thank you Rosemary and to our friends for life that donate to WLC.

Once again WLC is honored to mentor three high school students for their senior projects. Two girls are from California High; Leslie Mendoza and Alma Vallin. And Lizset is from Whittier High. Leslie already has succeeded her fifty hours of volunteering. Alma's goal is seventy-five hours!

Our march against abortion continues this year on Saturday, March 19th. (St. Joseph's feast day and the day the swallows fly into San Juan Capistrano). This will be WLC's fifteenth annual Walk for Life (WLC's largest fundraiser of the year)! Please ask your family and friends to support WLC's Walk for Life and un-born babies. In this newsletter on page 4, you will find the donor page for the Walk. Start collecting early and hope to see you and your family on March 19th!

*From the Director's Desk*

*Save the date...Please join us in walking for those who cannot walk, talk, or defend themselves...innocent unborn babies!*

**Our Mission:** As part of International Life Services we are dedicated to promoting the sanctity of life from the moment of conception, to its natural end, and promulgating the high moral ethics in the Judeo-Christian tradition. **We believe:** 1. God is the author of Life and God alone may terminate life. 2. Promotions of the sanctity and respect for human life include *protecting the unborn, abused, aged, handicapped, suffering, dying and needy members of society*. 3. Alternatives to abortion are of paramount importance. 4. The family is held in high esteem as the cornerstone of society. 5. Premarital chastity is seen as a necessity for moral, spiritual, emotional, and physical well-being. 6. We support the use of natural family planning as opposed to artificial contraception.

## RU-486

An abortion using RU-486 requires three visits to the clinic using at least two drugs. For many, a fourth visit for a surgical abortion is required.

### VISIT 1...

The first visit to the clinic often begins by reviewing the medication guide which includes information about the side effects of RU-486. These include death, failure to abort the baby, and birth defects. Once the paperwork is signed, the first pill, RU486 (Mifeprex) is given. Bleeding starts for nearly half of women the following day.

### VISIT 2...

Two days after taking the RU-486 the patient returns for a dose of Misoprostol. (also know as Cytotec). Misoprostol starts uterine contractions, cramping and additional bleeding. This continues for up to 60 days until the dead baby is expelled.

### VISIT 3...

About two weeks after taking RU-486 the patient must return to ensure that the baby has been expelled. In one out of 12 pregnancies the baby is still alive in the mother. In many cases, the surviving baby will have a birth defect.

### VISIT 4...

Most doctors who prescribe RU-486 also perform surgical abortions. If the baby survives the drugs the clinic will recommend a surgical abortion which includes additional serious risks including infertility and death.

*Heritage House*

*Whittier's Planned Parenthood offers the RU-486 during the week. The women walk in and while walking out you can see them carry a small brown paper bag. Inside the bag is the pill which the mother will take to abort her own unborn baby in her own home.*

**A leading breast cancer researcher says abortion has caused at least 300,000 cases of breast cancer causing a woman's death since the Supreme Court allowed virtually unlimited abortions in its 1973 case.**

*LifeSiteNews.com*



## Tax Dollars Fund Abortion

A number of congressmen requested information from the General Accounting Office concerning how abortion providers spend federal tax dollars. It was revealed Planned Parenthood received almost a billion federal dollars between 2002 and 2009. Marilyn Musgrave, former Colorado congresswoman and current spokesperson for the Susan B, Anthony List, focuses on just one year.

She said, "They advocated/performed over 305,000 abortions. In other services, they had \$15,000 where they talked about prenatal care. They spent another \$10,000 working with people for adoption."

The majority of tax dollars given to Planned Parenthood that year was spent on abortions. Most pro-life pregnancy care centers receive no federal funding.

*www.onenewsnow.com, 6/21/10*



## *Are You Married, Looking for Birth Control or Trying to Get Pregnant?*

Natural Family Planning is a method of birth control that takes a little time to learn. The best way to learn is to attend a class that is taught by a qualified instructor or home classes that are taught by certified couples. You can also use a home study course or workbooks available at bookstores. What is important is to make sure the course is teaching the Sympto-Thermal method for maximum effectiveness. To find a class or receive more information, contact:

- **The Couple to Couple League** ([www.CCLI.org](http://www.CCLI.org) or 1-800-745-8252).
- **Your local diocese office of natural family planning.**
- **The USCCB Natural Family Planning Program** ([www.usccb.org](http://www.usccb.org) or 1-202-541-3040).

# DID YOU KNOW????

Did you know you can become pregnant or infected with an STD even when using condoms 100% of the time? Using condoms as birth control over time is not effective. The probability of getting pregnant during the first five years of typical condom use is more than 50%. **This means one out of every two women using condoms for birth control will become pregnant over a five -year time period. The best contraceptive is abstinence.**

2010 Heritage House



Did you know Planned Parenthood is the largest abortion provider in the United States? While the number of abortions committed in America continues to decrease, the percentage of abortions performed by Planned Parenthood continues to increase. Planned Parenthood continues to build mega-abortion clinics throughout the U.S. Portland's proposed new clinic will be the second largest abortion clinic in the United States.

Planned Parenthood? It's not what you think. (brochure)



Did you know taking birth control pills are dangerous? Birth control pills contain hormones that are the same or similar to hormones in your body. The way they work is to add to and change the hormones that your body would normally make. The goal is to alter what your body does naturally (the releasing of an egg) into something unnatural. By changing the hormones, the pill can cause the following:

- \* Heart disease
- \* High blood pressure
- \* Blood clots
- \* Nausea
- \* Headaches
- \* Sore breasts
- \* Weight gain
- \* Irregular bleeding
- \* Depression



2010 Heritage House '76, Inc.

Living together outside of marriage (sometime called cohabitation) has also been studied as well. It has been found to have many downsides including a few listed below. Partners Living Together are:

- ...twice as likely to have affairs.
- ...more likely to get an STD.
- ...more likely to split.
- ...more likely to live in poverty.
- ...less likely to marry and stay married.
- ...more likely to have children with emotional and behavioral problems.



2010 Heritage House '76, Inc. (brochure)

Genital HPV infection is a sexually transmitted disease (STD). Most people who become infected with HPV will not have any symptoms and will clear the infection on their own. "Low-risk" types of the virus can cause genital warts. "High risk" types can result in cervical cancer which kills nearly as many women each year as AIDS. Approximately 20 million people are currently infected with HPV. About 6.2 million Americans get a new genital HPV infection each year.

Aspire

**DID YOU KNOW IF YOU HAVE SEX WITH A GIRL WHO HAS NOT REACHED THE AGE OF CONSENT, YOU ARE GUILTY OF STATUTORY RAPE, EVEN IF BOTH OF YOU WERE WILLING?**  
HERITAGE HOUSE

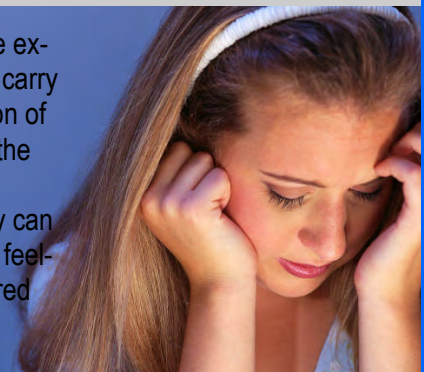


Did you know saying "no" to sexual involvement starts with you making important decisions about your life? **No one can do it for you. When you decide to be abstinent, it has to be your choice.**

Heritage House (brochure)

Women can be hurt both **physically and emotionally** by abortion. These problems can be extremely serious. **Physical risks** depend on the procedure, but the most common methods carry risks of cramping, abdominal pain, infection (which can lead to illness and death), perforation of the uterus, cervical incompetence (increasing the risk of future miscarriages), and injury to the cervix. As a result of **emotional trauma**, women feel guilt (93%), depression (88%), anger (81%), sorrow (92%), grief (85%), bitterness (75%), despair (74%) and shame (91%). They can have flashbacks (63%), hysterical outbreaks (51%), uncontrollable weeping (70%), suicidal feelings (56%), a sense of emptiness (83%), quicker tempers (59%), and be violent when angered (48%).

PRO-LIFE 101/Heritage House (brochure)



# Walk for Life 2011

*Saturday, March 19th*

Walk will start at St. Bruno Church at 9 am.  
15470 Citrustree Rd. Whittier, CA 90603

**\$30 Registration fee with FREE shirt begins at 8am**

*If you can't walk, please support us by asking friends and family to donate!*

*All contributions are tax deductible!*

Please make checks payable to: **Whittier Life Center**



Walkers Name:

Email:

Address:

City:

Zip:

Name:
Address:
City: Zip Code:
Email:
Amount: \$ <input type="checkbox"/> Cash <input type="checkbox"/> Check

Name:
Address:
City: Zip Code:
Email:
Amount: \$ <input type="checkbox"/> Cash <input type="checkbox"/> Check

Name:
Address:
City: Zip Code:
Email:
Amount: \$ <input type="checkbox"/> Cash <input type="checkbox"/> Check

Name:
Address:
City: Zip Code:
Email:
Amount: \$ <input type="checkbox"/> Cash <input type="checkbox"/> Check

Name:
Address:
City: Zip Code:
Email:
Amount: \$ <input type="checkbox"/> Cash <input type="checkbox"/> Check

Name:
Address:
City: Zip Code:
Email:
Amount: \$ <input type="checkbox"/> Cash <input type="checkbox"/> Check

Name:
Address:
City: Zip Code:
Email:
Amount: \$ <input type="checkbox"/> Cash <input type="checkbox"/> Check

Name:
Address:
City: Zip Code:
Email:
Amount: \$ <input type="checkbox"/> Cash <input type="checkbox"/> Check